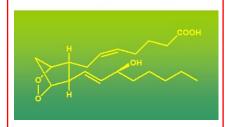
Lipid of the Month: November 2009

Prostaglandin H₂



Prostaglandin H₂ (PGH₂) is formed from arachidonic acid in the presence prostaglandin endoperoxide synthases. The compound was originally detected as an intermediate in the biosynthesis of prostaglandin E₂ in a preparation of the sheep vesicular gland (1) and subsequently isolated in pure form and characterized (2). Not unexpectedly, the endoperoxide turned out to be chemically unstable with a half life time of about 5 min at 37° in aqueous buffers. Spontaenous degradation of PGH₂ in buffer generates mainly a mixture of prostaglandins E₂ and D₂ (ratio about 4:1); interestingly, this ratio is reversed in the presence of serum albumin (3). Several enzymes including prostaglandin E and D synthases, thromboxane synthase and prostaglandin I synthase catalyze the conversion of PGH₂ into specific, biologically active eicosanoids. Aspirin and other non-steroidal antiinflammatory drugs block prostaglandin biosynthesis (4) by exerting an inhibitory effect on prostaglandin endoperoxide synthases. Intake of aspirin leads to reduced formation of thromboxane A₂ in circulating blood platelets and provides a certain protection against myocardial infarction and stroke, especially in patients with documented cardiocerebrovascular disease. Current interest in PGH2 is focussed on its role as a substrate for prostaglandin E synthases (5), and on the design of specific inhibitors of this class of enzymes.

Prostaglandin H_2 (O-2004-1) was discovered at the Karolinska Institutet and accordingly Lipidox has a unique experience in the isolation, purification and handling of this unstable eicosanoid. Also available is the 8,11,14-eicosatrienoic acid-derived endoperoxide, prostaglandin H_1 (O-2004-2).

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